

CUET PG 2026 Psychology Question Paper

Time Allowed :1 Hour 30 Minutes	Maximum Marks :300	Total Questions :75
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General Instructions

Read the following instructions very carefully and strictly follow them:

- The Question Paper consists of 75 Multiple Choice Questions (MCQs).
- Total marks for the exam is 300.
- The total duration is 90 minutes; a timer on the screen will display the remaining time, and the exam will automatically submit when the time reaches zero.
- For every correct answer, 4 marks (+4) will be awarded to the candidate, and a 1 mark (-1) will be deducted for every incorrect answer.
- Question papers are available in both English and Hindi.

1. Which level of measurement is the only one that includes a true zero point?

- (1) Nominal
- (2) Ordinal
- (3) Interval
- (4) Ratio

2. In Erikson's stages of psychosocial development, which conflict do adolescents typically face?

- (1) Trust vs. Mistrust
- (2) Industry vs. Inferiority
- (3) Identity vs. Role Confusion
- (4) Intimacy vs. Isolation

3. Who proposed the "Three-Factor Theory" of personality involving Extraversion, Neuroticism, and Psychoticism?

- (1) Sigmund Freud
- (2) Hans Eysenck
- (3) Carl Rogers
- (4) Gordon Allport

4. What is a Type II error in hypothesis testing?

- (1) Rejecting a true null hypothesis
- (2) Failing to reject a false null hypothesis

- (3) Accepting a true null hypothesis
 - (4) Rejecting both null and alternative hypotheses
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5. Which part of the brain is primarily responsible for transferring short-term memory into long-term memory?

- (1) Cerebellum
 - (2) Hippocampus
 - (3) Medulla Oblongata
 - (4) Hypothalamus
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6. In classical conditioning, what is the term for the reappearance of a conditioned response after a period of extinction?

- (1) Generalization
 - (2) Spontaneous Recovery
 - (3) Discrimination
 - (4) Extinction
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7. Which therapy is based on the principle of "Unconditional Positive Regard"?

- (1) Psychoanalysis
 - (2) Behavior Therapy
 - (3) Client-Centered Therapy
 - (4) Cognitive Therapy
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8. According to Maslow's hierarchy, which need must be met immediately after safety needs?

- (1) Physiological Needs
 - (2) Esteem Needs
 - (3) Love and Belongingness Needs
 - (4) Self-Actualization Needs
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9. What is the mean of a standard normal distribution (Z-score)?

- (1) 1
 - (2) 0
 - (3) -1
 - (4) 0.5
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10. Which defense mechanism involves pushing threatening thoughts into the unconscious mind?

- (1) Projection
 - (2) Repression
 - (3) Rationalization
 - (4) Displacement
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11. Who is known as the father of Operant Conditioning?

- (1) Ivan Pavlov
 - (2) B. F. Skinner
 - (3) Edward Thorndike
 - (4) John B. Watson
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12. The "Strange Situation" procedure was developed by Mary Ainsworth to measure what?

- (1) Intelligence in infants
 - (2) Language development
 - (3) Attachment styles in infants
 - (4) Cognitive development
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13. Which theory of emotion suggests that physiological arousal and emotional experience occur simultaneously?

- (1) James-Lange Theory
 - (2) Cannon-Bard Theory
 - (3) Schachter-Singer Theory
 - (4) Opponent-Process Theory
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14. What is the term for a research design that follows the same group of participants over a long period?

- (1) Cross-sectional Study
 - (2) Longitudinal Study
 - (3) Experimental Study
 - (4) Case Study
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15. In Piaget's theory, at what stage does a child develop "Object Permanence"?

- (1) Sensorimotor Stage
 - (2) Preoperational Stage
 - (3) Concrete Operational Stage
 - (4) Formal Operational Stage
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