

CUET UG Home Science - 2025 Question Paper with Solutions

Time Allowed :60 Minutes

Maximum Marks :250

Total questions :50

General Instructions

Read the following instructions very carefully and strictly follow them:

1. The test is of 1 hour duration.
2. The question paper consists of 50 questions. The maximum marks are 250.
3. 5 marks are awarded for every correct answer, and 1 mark is deducted for every wrong answer.

1. Which of the following is a voluntary scheme of certification of agricultural products (raw and processed) for safeguarding the health of consumers?

- (1) AGMARK
- (2) FSSAI
- (3) ISI
- (4) CAC

Correct Answer: (1) AGMARK

Solution:

- **Understanding the Concept:** The question asks to identify a voluntary certification scheme in India for agricultural products aimed at consumer health and safety.
- **Detailed Explanation:** Let's analyze each option:
 - **AGMARK:** Stands for Agricultural Mark. It is a certification mark employed on agricultural products in India, assuring that they conform to a set of grade standards. The AGMARK is legally enforced by the Agricultural Produce (Grading and Marking) Act of 1937. While mandatory for some export products, it is a **voluntary** scheme for most products sold on the domestic market. It certifies the quality and purity of agricultural goods.
 - **FSSAI (Food Safety and Standards Authority of India):** This is India's primary food regulatory body. Obtaining an FSSAI license is **mandatory** for most food business operators. It is a regulatory license, not a voluntary certification scheme.
 - **ISI (Indian Standards Institution):** This mark certifies that industrial products conform to Indian standards. It is managed by the Bureau of Indian Standards (BIS). It is not primarily for agricultural products.

- **CAC (Codex Alimentarius Commission):** This is an international body that develops food standards, guidelines, and codes of practice. It sets international benchmarks but is not a direct certification scheme for products within India.
- **Final Answer:** Based on the analysis, AGMARK is the voluntary certification scheme for agricultural products in India.

💡 Quick Tip

Remember the key difference: FSSAI is a mandatory license for food safety, while AGMARK is a voluntary certification for agricultural quality and grading.

2. You are a trainer for implementation of Good Manufacturing Practices (GMP) in a food manufacturing unit. Which of the following best describes GMP?

- (1) Involves identification of hazards, assessment of chances of occurrence of hazards during each step /stage in the food chain
- (2) Ensuring that processors take proactive steps to ensure that their products are safe; enabling to minimise or eliminate contamination and false labelling
- (3) Promote the development of standardisation and related activities in the world
- (4) Establishing international standards to protect the health of the consumers and facilitate food and agricultural trade

Correct Answer: (2) Ensuring that processors take proactive steps to ensure that their products are safe; enabling to minimise or eliminate contamination and false labelling

Solution:

- **Understanding the Concept:** The question asks for the best description of Good Manufacturing Practices (GMP) in the context of food production.
- **Detailed Explanation:**
 - **Option (1)** describes Hazard Analysis and Critical Control Points (HACCP), a specific system for identifying and controlling food safety hazards.
 - **Option (2)** correctly describes the core purpose of GMP. GMP is a system of procedures and documentation to ensure that products are consistently produced and controlled according to quality standards. It covers all aspects of production, including materials, facilities, equipment, and personal hygiene, with the primary goal of preventing contamination and ensuring product safety and integrity.
 - **Option (3)** describes the mission of an international standards organization like the ISO (International Organization for Standardization).

- **Option (4)** describes the role of the Codex Alimentarius Commission (CAC).
- **Final Answer:** GMP is fundamentally about the proactive, controlled processes put in place to ensure a safe and properly labeled product, making option (2) the most accurate description.

💡 Quick Tip

Distinguish between food safety systems: GMP is the foundational set of operational conditions and procedures, while HACCP is a specific, systematic process to identify and control critical hazards built upon the foundation of GMP.

3. Deriving satisfaction from work itself, signifies connotation of work as _____.

- (1) a livelihood
- (2) a job
- (3) a career
- (4) a calling

Correct Answer: (4) a calling

Solution:

- **Understanding the Concept:** The question asks to identify the term that best describes work which is intrinsically satisfying.
- **Detailed Explanation:** Let's analyze the different connotations of work:
 - **Livelihood:** Work viewed primarily as a means of earning money to support one's life. The satisfaction is external (the income).
 - **Job:** A specific set of tasks performed in exchange for pay. The focus is on the employment contract and remuneration.
 - **Career:** A long-term professional journey, often involving advancement, promotion, and increasing responsibility. The focus is on progress and achievement.
 - **Calling:** Work that a person feels deeply connected to and passionate about. The satisfaction comes from the work itself—its purpose, meaning, and the act of doing it. It is seen as an integral part of one's identity.
- **Final Answer:** The phrase "deriving satisfaction from work itself" perfectly matches the definition of a calling, where the work is an end in itself, not just a means to an end.

💡 Quick Tip

Think about the motivation for working: a job is for a paycheck, a career is for advancement, and a calling is for fulfillment.

4. Which of the following Article of the Constitution of India guarantees equality of opportunity for all citizens in matters relating to employment and appointment to any office under the State?

- (1) Article 16 (1)
- (2) Article 22 (1)
- (3) Article 16 (4)
- (4) Article 20 (1)

Correct Answer: (1) Article 16 (1)

Solution:

- **Understanding the Concept:** The question asks to identify the specific article and clause of the Indian Constitution that provides the fundamental right to equality of opportunity in public employment.
- **Detailed Explanation:**
 - **Article 16 (1):** This clause explicitly states, "There shall be equality of opportunity for all citizens in matters relating to employment or appointment to any office under the State." This is the direct provision guaranteeing this right.
 - **Article 22 (1):** This article provides protection against arrest and detention. It is not related to employment.
 - **Article 16 (4):** This is an enabling provision that allows the State to make reservations for backward classes. It is an exception to the general rule of equality in Article 16(1), not the source of the general guarantee itself.
 - **Article 20 (1):** This article provides protection against ex post facto criminal laws. It is not related to employment.
- **Final Answer:** Article 16(1) is the specific constitutional provision that guarantees equality of opportunity in matters of public employment.

💡 Quick Tip

Remember that Article 14 provides a general right to equality, Article 15 prohibits discrimination on specific grounds, and Article 16 specifically deals with equality of opportunity in public employment.

5. Nutritional assessment of an individual involves obtaining information on which of the following parameters?

- (A) Anthropometric measurements
- (B) Dietary assessment
- (C) Clinical examination
- (D) Biochemical laboratory analysis

Choose the correct answer from the options given below:

- (1) (A), (B) and (D) only
- (2) (A), (B) and (C) only
- (3) (A), (B), (C) and (D)
- (4) (B), (C) and (D) only

Correct Answer: (3) (A), (B), (C) and (D)

Solution:

- **Understanding the Concept:** The question asks for the components of a comprehensive nutritional assessment. A standard and thorough assessment relies on multiple types of data to get a complete picture.
- **Detailed Explanation:** The universally accepted methods for a comprehensive nutritional assessment are often remembered by the mnemonic "ABCD":
 - **(A) Anthropometric measurements:** These are measurements of the physical dimensions of the body, such as height, weight, body mass index (BMI), skinfold thickness, and circumference of various body parts.
 - **(B) Dietary assessment:** This involves evaluating a person's food intake through methods like 24-hour dietary recall, food frequency questionnaires, or diet histories to assess nutrient consumption.
 - **(C) Clinical examination:** This is a physical examination by a healthcare professional to look for signs and symptoms of malnutrition, such as edema, hair loss, skin rashes, or changes in the eyes and nails.
 - **(D) Biochemical laboratory analysis:** This includes laboratory tests on samples of blood, urine, or tissues to measure levels of specific nutrients, their metabolites, or functions dependent on a nutrient (e.g., hemoglobin for iron status).

All four components are crucial for a complete and accurate assessment.

- **Final Answer:** A comprehensive nutritional assessment involves all four parameters: Anthropometric, Biochemical (listed as D), Clinical, and Dietary (listed as B). Therefore, the correct option includes (A), (B), (C), and (D).

💡 Quick Tip

Use the "ABCD" mnemonic to remember the four pillars of nutritional assessment: Anthropometric, Biochemical, Clinical, and Dietary.

6. Match List-I with List-II

List-I Examples	List-II Type of pro- cessed foods
(A) Pickles, jam, marmalade, squashes	(I) Functional foods
(B) Probiotics	(II) Formulated foods
(C) Frozen peas and frozen vegetables, canned fruits and vegetables	(III) Manufactured foods
(D) Bread, biscuits, ice cream	(IV) Preserved foods

Choose the correct answer from the options given below:

- (1) (A) - (I), (B) - (II), (C) - (III), (D) - (IV)
- (2) (A) - (II), (B) - (III), (C) - (I), (D) - (IV)
- (3) (A) - (I), (B) - (II), (C) - (IV), (D) - (III)
- (4) (A) - (IV), (B) - (I), (C) - (II), (D) - (III)

Correct Answer: (A) - (IV), (B) - (I), (C) - (II), (D) - (III)

Solution:

- **Understanding the Concept:** The question requires matching examples of processed foods with their correct classification. The categories are specific and can sometimes overlap, so we must find the best or most defining fit for each example.
- **Detailed Explanation and Matching:** Let's analyze each pair based on the most likely intended classification.
 - **(B) Probiotics:** These are foods containing live microorganisms intended to provide health benefits. This is the very definition of a **(I) Functional food**. This match is unambiguous. **B → I**.
 - **(A) Pickles, jam, marmalade, squashes:** The primary purpose of making these products is to extend shelf life using high concentrations of salt, sugar, or acid. Therefore, their most defining category is **(IV) Preserved foods**. This match is very strong. **A → IV**.
 - **(D) Bread, biscuits, ice cream** is matched with **(III) Manufactured foods**. This is a plausible classification. These items are created from raw materials through a complex industrial or manufacturing process, resulting in a product with a new form and structure.
 - **(C) Frozen peas..., canned fruits...** is matched with **(II) Formulated foods**. This is the most ambiguous pairing. "Formulated" usually implies a mixture of ingredients according to a recipe.

- **Final Answer:** The combination with the strongest and most consistent matches is found in option (4):
 - (A) Pickles, jam → (IV) Preserved foods
 - (B) Probiotics → (I) Functional foods
 - (C) Frozen/canned vegetables → (II) Formulated foods (by elimination)
 - (D) Bread, biscuits, ice cream → (III) Manufactured foods

Thus, option (4) is the most logical choice.

💡 Quick Tip

In matching questions with overlapping categories, identify the most specific and unambiguous pairs first (like Probiotics → Functional Foods). Use these certain matches to eliminate incorrect options and deduce the intended logic for the more ambiguous pairs.

7. Which of the following are examples of Complementary Colour Scheme?

- (A) Blue & Orange
- (B) Red & Green
- (C) Green & Yellow
- (D) Purple & Yellow

Choose the correct answer from the options given below:

- (1) (A), (B) and (D) only
- (2) (A), (B) and (C) only
- (3) (A), (B), (C) and (D)
- (4) (B), (C) and (D) only

Correct Answer: (1) (A), (B) and (D) only

Solution:

- **Understanding the Concept:** A complementary color scheme is based on two colors that are directly opposite each other on the color wheel. When placed next to each other, these colors create the strongest possible contrast and appear more vibrant.
- **Detailed Explanation:** Let's analyze the pairs based on a standard RYB (Red, Yellow, Blue) color wheel:
 - **(A) Blue & Orange:** Blue and Orange are directly opposite each other on the color wheel. This is a complementary pair.
 - **(B) Red & Green:** Red and Green are directly opposite each other on the color wheel. This is a complementary pair.

- **(C) Green & Yellow:** Green and Yellow are adjacent to each other on the color wheel. This color scheme is called analogous, not complementary.
- **(D) Purple & Yellow:** Purple (or Violet) and Yellow are directly opposite each other on the color wheel. This is a complementary pair.
- **Final Answer:** The pairs that represent complementary color schemes are (A) Blue & Orange, (B) Red & Green, and (D) Purple & Yellow. Therefore, the correct option includes (A), (B), and (D) only.

💡 Quick Tip

To easily remember the primary complementary pairs, think of common associations: Christmas colors (Red & Green), the colors of many sports teams (Blue & Orange), and royal/Easter colors (Purple & Yellow).

8. Arrange stages of the Fashion Cycle in correct sequence:

- (A) Decline in Popularity
- (B) Peak of Popularity
- (C) Introduction of a Style
- (D) Obsolescence

Choose the correct answer from the options given below:

- (1) (A), (B), (C), (D)
- (2) (C), (B), (A), (D)
- (3) (B), (A), (D), (C)
- (4) (C), (B), (D), (A)

Correct Answer: (2) (C), (B), (A), (D)

Solution:

- **Understanding the Concept:** The fashion cycle describes the process of a style's acceptance and rejection by the public over time. It follows a predictable, bell-shaped curve pattern.
- **Detailed Explanation:** The stages of the fashion cycle occur in a logical progression:
 1. **Introduction of a Style (C):** A new fashion is introduced by designers. It is produced in small quantities and is usually expensive. This is the starting point.
 2. **Rise in Popularity:** The style is adopted by fashion leaders and influencers, gaining visibility and acceptance. (This stage is implied between C and B).
 3. **Peak of Popularity (B):** The fashion is at its most popular. It is widely accepted, mass-produced, and available at many price points. This is the culmination of its acceptance.

4. **Decline in Popularity (A):** The market becomes saturated. Consumers grow tired of the style, and it begins to be seen as overused. Its popularity starts to wane.
 5. **Obsolescence (or Rejection) (D):** The style is no longer considered fashionable. Consumers have moved on to new styles, and retailers stop stocking it. This is the end of the cycle for that style.
- **Final Answer:** The correct sequence of the given stages is Introduction (C), followed by Peak (B), then Decline (A), and finally Obsolescence (D). This corresponds to the sequence (C), (B), (A), (D).

💡 Quick Tip

Visualize the fashion cycle as a bell curve. The cycle starts at the bottom with the 'Introduction', rises to the 'Peak', and then falls through the 'Decline' until it hits the bottom again at 'Obsolescence'.

9. According to the Quality of Work Life (QWL) approach, the employees are considered to be _____ by the organizations. Fill in the blank with suitable option.

- (1) Liability
- (2) Assets
- (3) Debts
- (4) Burden

Correct Answer: (2) Assets

Solution:

- **Understanding the Concept:** Quality of Work Life (QWL) is a management philosophy that focuses on enhancing the work environment to benefit both employees and the organization. It is a humanistic approach to management.
- **Detailed Explanation:** The QWL approach shifts the perspective of employees from being a cost or a factor of production to being a valuable resource. It emphasizes employee satisfaction, participation, growth, and well-being. In this context, employees are seen as contributing to the organization's success and value.
 - **Liability, Debts, Burden:** These are all negative terms implying a cost or a problem. This is contrary to the QWL philosophy.
 - **Assets:** An asset is a useful or valuable thing, person, or quality. Viewing employees as assets means recognizing their value, potential, and contribution to the organization's success. This aligns perfectly with the principles of QWL.

- **Final Answer:** The QWL approach considers employees to be valuable Assets of the organization.

💡 Quick Tip

Remember that modern human resource management theories, including QWL, emphasize the value of human capital. Therefore, positive terms like "assets" or "resources" are usually the correct answer when describing how employees are viewed in these frameworks.

10. What are rules or standards governing the conduct of a person or the members of a profession known as?

- (1) Values
- (2) Dignity of Labour
- (3) Ethics
- (4) Assumptions

Correct Answer: (3) Ethics

Solution:

- **Understanding the Concept:** The question asks for the term that defines the rules of conduct for individuals, particularly within a professional group.
- **Detailed Explanation:**
 - **Values:** These are personal or societal beliefs about what is good, right, and important. They are the foundation for ethics, but they are not the rules themselves.
 - **Dignity of Labour:** This is a principle that all types of jobs should be respected equally, and no occupation is considered superior. It's a value, not a set of rules.
 - **Ethics:** This is the precise term for a system of moral principles and rules of conduct that govern a person's behavior or the conducting of an activity. Professional ethics (e.g., medical ethics, legal ethics) are the standards that guide the members of a specific profession.
 - **Assumptions:** These are things that are accepted as true without proof. They are not rules of conduct.
- **Final Answer:** The rules or standards governing conduct, especially for a profession, are known as ethics.

💡 Quick Tip

Differentiate between values and ethics: Values are the 'why' (what you believe is important), while ethics are the 'how' (how you should act based on those values).

11. Which of the following is NOT a benefit of ergonomics?

- (1) Increases productivity
- (2) Diminishes morale of workers
- (3) Decreases absenteeism
- (4) Reduces mistakes and need to do the work again

Correct Answer: (2) Diminishes morale of workers

Solution:

- **Understanding the Concept:** Ergonomics is the science of designing and arranging workplaces, products, and systems so that they fit the people who use them. The goal is to improve safety, comfort, and efficiency. The question asks to identify a statement that is NOT a positive outcome of applying ergonomics.
- **Detailed Explanation:** Let's analyze the options as outcomes of good ergonomic design:
 - **(1) Increases productivity:** By making tasks easier and more comfortable, ergonomics allows workers to be more efficient and productive. This is a benefit.
 - **(3) Decreases absenteeism:** Ergonomics reduces the risk of work-related injuries and musculoskeletal disorders. Healthier employees take fewer sick days, thus decreasing absenteeism. This is a benefit.
 - **(4) Reduces mistakes and need to do the work again:** A well-designed workstation reduces fatigue and discomfort, allowing workers to maintain focus and make fewer errors. This improves quality and reduces rework. This is a benefit.
 - **(2) Diminishes morale of workers:** This statement suggests that ergonomics makes workers' morale worse. This is the opposite of the truth. A safe, comfortable, and efficient work environment shows that the employer cares for the well-being of its employees, which typically boosts morale.
- **Final Answer:** Diminishing the morale of workers is a negative outcome and therefore is NOT a benefit of ergonomics.

💡 Quick Tip

For "NOT" questions, read each option and ask yourself, "Is this a good thing or a bad thing in the context of the question?" Ergonomics leads to good outcomes, so the correct answer will be the negative statement.

12. Which of the following fashion designer made use of tents and wagon covers to make cargo pants?

- (1) Levi Strauss
- (2) Isaac Singer
- (3) Louis Vuitton
- (4) Coco Chanel

Correct Answer: (1) Levi Strauss

Solution:

- **Understanding the Concept:** The question asks to identify a famous designer known for creating durable pants from heavy-duty canvas originally intended for other purposes like tents. While the term "cargo pants" is a modern term for a specific style, the core of the question relates to the origin of sturdy work pants.
- **Detailed Explanation:**
 - **(1) Levi Strauss:** During the California Gold Rush in the 1850s, Levi Strauss, a Bavarian immigrant, identified a need for strong, durable work trousers for miners. He used a heavy canvas fabric, known as duck canvas, which was also used for making tents and wagon covers, to create the first "waist overalls." These garments were the direct predecessors of the modern blue jeans. This history directly matches the description in the question.
 - **(2) Isaac Singer:** He was an inventor who made significant improvements to the design of the sewing machine and was the founder of the Singer Sewing Machine Company. He was not a clothing designer.
 - **(3) Louis Vuitton:** He was a French fashion designer and businessman famous for founding the luxury brand known for its luggage and leather goods.
 - **(4) Coco Chanel:** She was a pioneering French fashion designer known for revolutionizing womenswear with items like the "little black dress" and the Chanel suit.
- **Final Answer:** Levi Strauss is the historical figure famous for using tent and wagon cover canvas to create durable work pants.

💡 Quick Tip

Associate key designers with their most famous innovations: Levi Strauss with blue jeans, Isaac Singer with the sewing machine, Louis Vuitton with luxury luggage, and Coco Chanel with modern womenswear.

13. Which of the following is a type of 'weaving defect'?

- (1) Slub
- (2) Colour run
- (3) Chafe
- (4) Broken end

Correct Answer: (4) Broken end

Solution:

- **Understanding the Concept:** The question asks to identify a defect that occurs specifically during the weaving process on a loom.
- **Detailed Explanation:**
 - **(1) Slub:** A slub is a thick, soft lump in a yarn. It is a yarn defect, not a weaving defect, although it will be visible in the woven fabric. Sometimes slubs are created intentionally for a textured effect.
 - **(2) Colour run:** This is a dyeing or finishing defect where dye bleeds from one area to another, typically during washing or wet processing. It does not occur during weaving.
 - **(3) Chafe:** This refers to damage on the fabric surface caused by rubbing or abrasion. While it can occur during weaving due to friction, it is a more general term for surface damage that can happen at any stage.
 - **(4) Broken end:** In weaving terminology, an "end" is a single warp thread. A broken end is a warp thread that has snapped on the loom during the weaving process. This stops the weaving and, if not repaired correctly, leaves a distinct flaw where a warp thread is missing for a certain length. This is a classic and direct defect of the weaving process itself.
- **Final Answer:** A "Broken end" is unequivocally a defect that originates during the weaving process.

💡 Quick Tip

To identify defects by process, think about where they occur. Yarn defects (like slubs) are in the thread itself. Weaving defects (like broken ends/picks) happen on the loom. Dyeing/Finishing defects (like color runs) happen during wet processing.

14. Match List-I with List-II

List-I Type of stain	List-II Chemical used for stain removal
(A) Blood	(I) Methylated spirit
(B) Tea/Coffee	(II) Javelle water
(C) Lipstick	(III) Ammonia
(D) Curry	(IV) Borax

Choose the correct answer from the options given below:

- (1) (A) - (I), (B) - (II), (C) - (III), (D) - (IV)
(2) (A) - (II), (B) - (I), (C) - (III), (D) - (IV)
(3) (A) - (I), (B) - (II), (C) - (IV), (D) - (III)
(4) (A) - (III), (B) - (IV), (C) - (I), (D) - (II)

Correct Answer: (4) (A) - (III), (B) - (IV), (C) - (I), (D) - (II)

Solution:

- **Understanding the Concept:** This question requires matching different types of stains with the appropriate chemical agent for removal. Different stains require different chemical actions (e.g., solvents for greasy stains, alkalis for protein stains, bleaching for dye stains).
- **Detailed Explanation and Matching:** Let's find the most definite matches first.

- **(C) Lipstick:** Lipstick is a combination of wax, oil (grease), and pigments. It requires a solvent to dissolve it. **(I) Methylated spirit** is an excellent solvent for such stains. So, **C → I** is a very strong match.
- **(A) Blood:** Blood is a protein-based stain. For old, set-in bloodstains, a weak alkali is used to break down the protein. **(III) Ammonia** is a weak alkali commonly recommended for this purpose (after soaking in cold water). So, **A → III** is a strong match.

With C→I and A→III, we can check the options. Only option (4) contains both of these pairings. Let's verify the remaining matches in option (4).

- **(B) Tea/Coffee:** These are tannin stains. A mild alkali like **(IV) Borax** is a classic and effective home remedy for removing them. So, **B → IV** is a correct match.
 - **(D) Curry:** Curry stains are primarily from turmeric, which is a potent natural dye. They often require a bleaching agent for complete removal, especially on light-colored fabrics. **(II) Javelle water** is a solution of sodium hypochlorite, a strong bleach. So, **D → II** is a plausible match for treating stubborn curry stains on suitable materials (like white cotton).
- **Final Answer:** All the pairings in option (4) are correct and logical for stain removal. The correct sequence is (A) - (III), (B) - (IV), (C) - (I), (D) - (II).

💡 Quick Tip

For stain removal questions, categorize the stain first: is it greasy (lipstick), protein-based (blood), tannin (tea), or dye (curry)? Then match it to the agent's function: solvent, alkali, acid, or bleach.

15. You are a catering manager. Arrange the following steps in food service management in the order of implementation.

- (A) Reporting
- (B) Staffing
- (C) Planning
- (D) Directing and Delegating

Choose the correct answer from the options given below:

- (1) (A), (B), (C), (D)
- (2) (A), (C), (B), (D)
- (3) (C), (B), (D), (A)
- (4) (C), (D), (B), (A)

Correct Answer: (3) (C), (B), (D), (A)

Solution:

- **Understanding the Concept:** The question asks to arrange the given functions of management in their logical sequence of implementation. These functions are based on the classical principles of management.
- **Detailed Explanation:** The standard sequence of management functions is as follows:
 1. **Planning (C):** This is the primary function. It involves setting objectives, defining strategies, and outlining the tasks to achieve the goals. Everything else follows from the plan.
 2. **Organizing:** This involves arranging resources and tasks to carry out the plan. Part of organizing is determining the human resources needed, which leads to staffing.
 3. **Staffing (B):** Once the organizational structure and roles are planned, the next step is to recruit, select, train, and place the right people in those roles.
 4. **Directing and Delegating (D):** After the staff is in place, the manager's role is to lead, guide, motivate, and supervise them to execute the plan. This includes giving instructions and delegating tasks.
 5. **Controlling:** This involves monitoring performance against the plan and taking corrective action. Part of controlling is receiving feedback and data, which is done through reporting.

6. **Reporting (A):** This is a component of the controlling function. It involves collecting information, evaluating performance, and communicating the results to stakeholders. It serves as a feedback loop for future planning.

- **Final Answer:** Based on this logical flow, the correct sequence of the given steps is Planning (C), Staffing (B), Directing and Delegating (D), and finally Reporting (A). This corresponds to option (3).

💡 Quick Tip

Remember the management acronym POSDCORB: Planning, Organizing, Staffing, Directing, COordinating, Reporting, and Budgeting. This classic framework will help you sequence management functions correctly.

16. You are a textile conservator in a museum. Which among the following methods would you choose to minimize the damage caused to a textile artifact stored in your museum?

- (1) Expose the objects to light of high intensity
- (2) Minimize the intensity of light falling upon the object
- (3) Expose objects to light for longer period of time
- (4) Introduce photo-chemically active radiations from the light

Correct Answer: (2) Minimize the intensity of light falling upon the object

Solution:

- **Understanding the Concept:** The question asks for the correct method to conserve a textile artifact from light damage. Light, especially its intensity, duration, and UV content, causes irreversible damage to textiles, leading to fading and weakening of fibers.
- **Detailed Explanation:** Let's analyze the options from a conservation perspective:
 - **(1) Expose the objects to light of high intensity:** High-intensity light accelerates photochemical damage. This is the opposite of what a conservator would do.
 - **(2) Minimize the intensity of light falling upon the object:** This is a fundamental principle of preventive conservation. By reducing the light intensity (measured in lux), the rate of degradation is slowed significantly. Museums use low light levels in textile galleries for this very reason.
 - **(3) Expose objects to light for longer period of time:** Damage from light is cumulative. The longer the exposure, the more damage occurs. This is incorrect.

- **(4) Introduce photo-chemically active radiations from the light:** Photo-chemically active radiations, such as Ultraviolet (UV) light, are the most damaging part of the light spectrum. Conservators use filters to remove UV radiation, not introduce it.
- **Final Answer:** The correct and essential method for minimizing light damage is to minimize the intensity of the light.

💡 Quick Tip

For textile conservation, remember the main environmental enemies are "the 4 L's": Light, Low/high humidity, Litter (pests/dust), and Larceny (theft). Minimizing light exposure is a top priority.

17. The principle of all washing machines is to keep the fabric in movement in the washing solution to carry away the dirt. Which among the following method is used for washing garments in a front load washing machine?

- (1) Spinning
- (2) Agitation
- (3) Tumbling
- (4) Pulsation

Correct Answer: (3) Tumbling

Solution:

- **Understanding the Concept:** The objective is to identify the specific washing action used by a front-loading washing machine to clean clothes.
- **Analysis of Washing Methods:**
 - **(1) Spinning:** This is a high-speed rotation used in all machines to extract water after washing and rinsing. It is not the primary washing action.
 - **(2) Agitation:** This method is used in top-load machines with a central finned post (agitator) that twists back and forth, forcing clothes through the water.
 - **(3) Tumbling:** This is the method used in front-load machines, where a horizontal drum lifts clothes and drops them back into the wash water. This action cleans the clothes and is gentler than agitation.
 - **(4) Pulsation:** This method is found in modern top-load machines without an agitator. A disc at the bottom of the tub spins or pulses to create strong water currents that move the clothes.
- **Conclusion:** Front-load washing machines utilize the tumbling method for washing garments.

💡 Quick Tip

Associate the washing action with the machine type: - Front Load -> Tumbling (horizontal drum) - Top Load (with post) -> Agitation - Top Load (without post) -> Pulsation or Impeller action

18. Your friend is a fashion designer. He/she is planning to launch his/her own fashion business to meet the demands of female wage earners in the age group of 25-45 years. According to you, which type of market segmentation has he/she used to define the target market?

- (1) Demographic Segmentation
- (2) Geographic Segmentation
- (3) Psychographic Segmentation
- (4) Behavioural Segmentation

Correct Answer: (1) Demographic Segmentation

Solution:

- **Understanding the Concept:** The goal is to identify the type of market segmentation being used, which involves dividing a broad market into subgroups based on shared characteristics.
- **Analysis of Segmentation Criteria:**
 - The target market is defined by "female" (gender), "wage earners" (occupation/income), and "age group of 25-45 years" (age).
 - **(1) Demographic Segmentation:** Divides the market based on statistical data such as age, gender, income, and occupation. This perfectly matches the criteria used.
 - **(2) Geographic Segmentation:** Divides the market based on location (country, city, etc.). This does not apply here.
 - **(3) Psychographic Segmentation:** Divides the market based on lifestyle, values, and personality. This does not apply here.
 - **(4) Behavioural Segmentation:** Divides the market based on consumer purchasing habits and brand loyalty. This does not apply here.
- **Conclusion:** As the target market is defined by age, gender, and occupation, the method used is Demographic Segmentation.

💡 Quick Tip

Remember the key variables for each segmentation type: - Demographic: Who they are (age, gender, income). - Geographic: Where they are (location). - Psychographic: What they think (lifestyle, values). - Behavioural: How they act (buying habits).

19. Which among the following is a 'Principle of Design'?

- (1) Texture
- (2) Colour
- (3) Form/Shape
- (4) Balance

Correct Answer: (4) Balance

Solution:

- **Understanding the Concept:** The question requires distinguishing between the Elements of Design (the building blocks) and the Principles of Design (the rules for arranging those blocks).
- **Classification of Design Components:**
 - **Elements of Design:** These are the fundamental components of a composition, including Line, Shape/Form, Colour, Texture, Space, and Value.
 - **Principles of Design:** These are the guidelines for organizing the elements, including Balance, Contrast, Emphasis, Movement, Pattern, Rhythm, and Unity/Harmony.
 - Based on this classification, Texture, Colour, and Form/Shape are Elements, while Balance is a Principle.
- **Conclusion:** Balance is a Principle of Design, whereas the other options are Elements of Design.

💡 Quick Tip

A simple way to remember the difference: The Elements are the 'what' (the ingredients like color and line), and the Principles are the 'how' (the recipe or rules for arranging the ingredients, like balance and contrast).

20. Which among the following is a natural factor responsible for the deterioration of artifacts in a museum?

- (1) Bad storage
- (2) Pests
- (3) Accidents
- (4) Fire

Correct Answer: (2) Pests

Solution:

- **Understanding the Concept:** The task is to identify a 'natural' factor of deterioration, distinguishing it from factors that are human-caused or accidental.
- **Analysis of Deterioration Factors:**
 - **(1) Bad storage:** This is a human factor, stemming from negligence or poor management.
 - **(2) Pests:** These are biological organisms (insects, rodents, mold) existing in nature. The damage they cause is a natural process of biodeterioration.
 - **(3) Accidents:** These are events typically caused by human error and are not considered a natural process.
 - **(4) Fire:** In a museum context, fire is most often caused by human factors (e.g., faulty wiring, accidents) and is classified as a catastrophic event, not a continuous natural factor.
- **Conclusion:** Among the given options, pests represent a natural and biological agent of deterioration.

 Quick Tip

In museum conservation, causes of deterioration are often categorized. Differentiate between inherent vice (the object's own instability), natural/environmental factors (light, humidity, pests), and human-caused factors (poor handling, bad storage, accidents, fire, vandalism).

21. Identify the essential features of Development Communication.

- (A) It focusses on success stories of people who have adopted new technologies, tried new methods and helped the society
- (B) It is oriented to socio-economic development and happiness of the people and community at large
- (C) It aims at giving information and educating the community
- (D) It combines suitable mass media and interpersonal communication channels for greater impact

Choose the correct answer from the options given below:

- (1) (A), (B) and (D) only
- (2) (A), (B), (C) and (D)
- (3) (B), (C) and (D) only
- (4) (A), (C) and (D) only

Correct Answer: (2) (A), (B), (C) and (D)

Solution:

- **Understanding the Concept:** The goal is to identify the key features of Development Communication, a field that uses communication to promote social and economic development.
- **Analysis of Stated Features:**
 - **(B) Socio-economic development focus:** This is the core purpose of development communication, aiming to improve the quality of life for communities. It is an essential feature.
 - **(C) Information and education role:** A primary function is to create awareness and educate people about new practices and social issues. It is an essential feature.
 - **(D) Multi-channel approach:** It strategically combines mass media for wide reach and interpersonal channels for credibility and detailed discussion. It is an essential feature.
 - **(A) Use of success stories:** Highlighting success stories is an effective persuasive strategy (known as "social proof") to motivate others. It is an essential feature.
- **Conclusion:** All four statements—(A), (B), (C), and (D)—describe fundamental aspects, purposes, or strategies of Development Communication and are therefore essential features.

 Quick Tip

Remember that Development Communication is not just about broadcasting information. It is a two-way, participatory process that is purposive (for development), pragmatic (using multiple channels), and persuasive (using strategies like success stories).

22. Match List-I with List-II

List-I Hospitality Establishment	List-II Services
(A) Hotel	(I) Provides parking facility near the room or a room door that opens out onto the parking lot
(B) Furnished camps	(II) Offers lodging, meals and other services to its guests
(C) Motel	(III) Offers a broad range of amenities, sports facilities and leisure activities for ensuring a total vacation experience
(D) Resort	(IV) Provide hospitality to people who go hiking, undertake adventure sports etc.

Choose the correct answer from the options given below:

- (1) (A) - (II), (B) - (IV), (C) - (I), (D) - (III)
- (2) (A) - (II), (B) - (IV), (C) - (III), (D) - (I)
- (3) (A) - (I), (B) - (IV), (C) - (II), (D) - (III)
- (4) (A) - (II), (B) - (III), (C) - (I), (D) - (IV)

Correct Answer: (1) (A) - (II), (B) - (IV), (C) - (I), (D) - (III)

Solution:

- **Understanding the Concept:** The task is to match different types of hospitality establishments with their defining services or characteristics.
- **Matching Process:**
 - **(A) Hotel:** Matches with **(II)**, which provides the general definition of an establishment offering lodging, meals, and other guest services.
 - **(B) Furnished camps:** Matches with **(IV)**, as they cater specifically to individuals engaged in outdoor activities like hiking and adventure sports.
 - **(C) Motel:** Matches with **(I)**, which accurately describes its key feature: designed for motorists with direct room access from the parking lot.
 - **(D) Resort:** Matches with **(III)**, which highlights its function as a destination providing a total vacation experience with extensive amenities and leisure activities.
- **Conclusion:** The correct matches are (A)-(II), (B)-(IV), (C)-(I), and (D)-(III).

💡 Quick Tip

Remember the key differentiators: A Motel is for motorists (parking access). A Resort is a destination for recreation. A Hotel is a general term for lodging and meals.

23. Arrange the stages of 'Guest Cycle' in correct order of their occurrence:

- (A) Departure
- (B) Occupancy
- (C) Arrival
- (D) Pre-arrival

Choose the correct answer from the options given below:

- (1) (A), (B), (C), (D)
- (2) (D), (C), (B), (A)
- (3) (D), (A), (C), (B)
- (4) (C), (B), (D), (A)

Correct Answer: (2) (D), (C), (B), (A)

Solution:

- **Understanding the Concept:** The 'Guest Cycle' is a model outlining the chronological stages of a guest's interaction with a hotel. The task is to arrange these stages in the correct order.
- **Chronological Stages of the Guest Cycle:**
 - **1. Pre-arrival (D):** The first stage, which includes all activities before a guest arrives, such as making a reservation and receiving confirmation.
 - **2. Arrival (C):** The second stage, which begins when the guest arrives at the property and includes check-in and room assignment.
 - **3. Occupancy (B):** The third stage, which covers the entire duration of the guest's stay and their use of hotel services.
 - **4. Departure (A):** The final stage, which involves the guest checking out, settling their bill, and leaving the property.
- **Conclusion:** The correct sequence for the guest cycle is (D) Pre-arrival, (C) Arrival, (B) Occupancy, and (A) Departure.

💡 Quick Tip

Think of the guest cycle as a logical timeline of your own experience when you travel: First you book (Pre-arrival), then you check in (Arrival), then you stay (Occupancy), and finally you check out (Departure).

24. Identify the name given to an institutional setting that is particularly designed for the care of infants and young children in the absence of home care.

- (1) Observation Homes
- (2) Special Homes

- (3) Children's Homes
- (4) Crèche

Correct Answer: (4) Crèche

Solution:

- **Understanding the Concept:** The question asks for the specific term for a facility that provides daycare for infants and very young children, typically while their parents work.
- **Analysis of Institutional Settings:**
 - **(1) Observation Homes & (2) Special Homes:** These are terms under the Juvenile Justice Act for temporary reception or rehabilitation of children, not for daycare.
 - **(3) Children's Homes:** This is a general term for an orphanage or a residential institution providing long-term, 24-hour care.
 - **(4) Crèche:** This is the specific term for a nursery where babies and young children are cared for during the working day. It is a form of daycare.
- **Conclusion:** A Crèche is the correct term for an institutional setting designed for the daytime care of infants and young children in the absence of home care.

 Quick Tip

Differentiate between daycare and residential care. A "Crèche" or "Daycare Center" provides care for a part of the day, while a "Children's Home" or "Orphanage" provides 24-hour residential care.

25. Your mother has purchased gold earring for your sister. Which among the following standardization mark would you advice your mother to check on the product to ensure a quality purchase?

- (1) Ecomark
- (2) FSSAI
- (3) ISI Mark
- (4) Hallmark

Correct Answer: (4) Hallmark

Solution:

- **Understanding the Concept:** The question asks for the specific quality certification mark used for precious metals like gold in India.

- **Analysis of Certification Marks:**

- **(1) Ecomark:** This mark is issued for products that are environmentally friendly.
- **(2) FSSAI:** This is a mandatory license mark for food products to ensure safety and quality.
- **(3) ISI Mark:** This is a certification for industrial products, ensuring they conform to Indian standards.
- **(4) Hallmark:** The BIS Hallmark is the official certification system for the purity of gold and silver jewellery sold in India.

- **Conclusion:** The correct standardization mark to check for quality and purity on gold jewellery is the Hallmark.

💡 Quick Tip

Associate the certification mark with the product type: - Hallmark -> Gold/Silver Jewellery - FSSAI -> Food - ISI Mark -> Industrial/Electrical Goods - AGMARK -> Agricultural Products - Ecomark -> Eco-friendly Products

26. Match List-I with List-II

List-I Youth Programme in India	List-II Focus/Aim
(A) Scouts and Guides	(I) Aims at involving college level students in programmes of social service and national development
(B) The National Service Scheme	(II) Aimed at making the youth participate in the development processes of their respective countries
(C) Commonwealth Youth Programme	(III) Provides opportunities for students to involve themselves, on a whole-time basis for a short period of one or two years, in programmes of national development
(D) The National Service Volunteer Scheme	(IV) Aims at developing the character of boys and girls to make them good citizens by inculcating in them a spirit of loyalty, patriotism and thoughtfulness for others

Choose the correct answer from the options given below:

- (1) (A) - (IV), (B) - (I), (C) - (II), (D) - (III)
- (2) (A) - (I), (B) - (III), (C) - (II), (D) - (IV)

- (3) (A) - (I), (B) - (II), (C) - (IV), (D) - (III)
(4) (A) - (III), (B) - (IV), (C) - (I), (D) - (II)

Correct Answer: (1) (A) - (IV), (B) - (I), (C) - (II), (D) - (III)

Solution:

- **Understanding the Concept:** The question requires matching various youth development programmes with their specific aims and target groups.
- **Matching Process:**
 - **(A) Scouts and Guides:** Matches with **(IV)**, describing its focus on character development (loyalty, patriotism, service) for boys and girls to make them good citizens.
 - **(B) The National Service Scheme (NSS):** Matches with **(I)**, as it is specifically designed to involve college-level students in social service.
 - **(C) Commonwealth Youth Programme (CYP):** Matches with **(II)**, reflecting its international scope to empower youth in the development processes of their respective Commonwealth countries.
 - **(D) The National Service Volunteer Scheme (NSVS):** Matches with **(III)**, which correctly describes the opportunity for students to engage in full-time national development work for a short period post-graduation.
- **Conclusion:** The correct matches are (A)-(IV), (B)-(I), (C)-(II), and (D)-(III).

 Quick Tip

For questions on government schemes, pay attention to the target audience mentioned in the scheme's name or description. 'National Service Scheme' targets students for service, 'Scouts and Guides' targets boys and girls for character, and 'Commonwealth Youth Programme' has an international focus.

27. You are a student of resource management. Which of the following career options can you take up after completion of your degree in Human Resource Management?

- (A) Recruitment Consulting
(B) Career Counselling
(C) Dietary Counselling
(D) HR Consulting

Choose the correct answer from the options given below:

- (1) (A), (B) and (C) only
(2) (A), (C) and (D) only
(3) (A), (B), and (D) only

(4) (B), (C) and (D) only

Correct Answer: (3) (A), (B), and (D) only

Solution:

- **Understanding the Concept:** The task is to identify the viable career paths for a graduate with a degree in Human Resource (HR) Management by understanding the scope of the HR field.
- **Analysis of Career Options:**
 - **(A) Recruitment Consulting:** A core HR function focused on helping organizations hire suitable candidates. This is a directly related career path.
 - **(B) Career Counselling:** Involves guiding individuals on professional development, a skill set related to talent management within HR. This is a related career path.
 - **(C) Dietary Counselling:** A specialized health field requiring a degree in nutrition and dietetics. This is an unrelated career path.
 - **(D) HR Consulting:** Involves providing expert advice on a wide range of HR issues, which is a direct application of an HRM degree. This is a directly related career path.
- **Conclusion:** The suitable career options are (A) Recruitment Consulting, (B) Career Counselling, and (D) HR Consulting, as (C) is from an unrelated field.

 Quick Tip

When assessing career options for a specific degree, focus on the core functions of that field. For HR, think about anything related to managing the "people" aspect of an organization, from hiring to retirement.

28. Which among the following is an example of 'entertainment event'?

- (1) Celebrity night
- (2) Graduation day
- (3) MICE
- (4) Birthday party

Correct Answer: (1) Celebrity night

Solution:

- **Understanding the Concept:** The task is to identify which option is a clear example of an "entertainment event," defined as an event organized primarily for the amusement of an audience.

- **Analysis of Event Types:**

- **(1) Celebrity night:** This is an event specifically designed to provide entertainment to an audience through celebrity performances and appearances. It perfectly fits the definition.
- **(2) Graduation day:** This is a formal, celebratory ceremony marking an academic milestone, not primarily an entertainment event.
- **(3) MICE:** An acronym for Meetings, Incentives, Conferences, and Exhibitions. This is a category of business-focused events, not entertainment.
- **(4) Birthday party:** This is a private social gathering. While it can be entertaining, it is classified as a personal event, not a public entertainment event in the industry context.

- **Conclusion:** A celebrity night is the best example of an entertainment event among the given choices.

💡 Quick Tip

In event management, events are categorized by their primary purpose. Ask yourself: "Why is this event happening?" If the main answer is "for the audience's amusement," it's likely an entertainment event. If it's for business, education, or a personal milestone, it falls into other categories.

29. According to WHO, 'disability' is an umbrella term that covers impairments, limitations in activity and restrictions in participation. If a child faces difficulty in reading, writing and solving arithmetic problems, which of the following type of disability/impairment is he/she suffering from?

- (1) Cerebral Palsy
- (2) Learning disability
- (3) Hearing impairment
- (4) Autism

Correct Answer: (2) Learning disability

Solution:

- **Understanding the Concept:** The question describes challenges in reading, writing, and arithmetic and asks for the corresponding type of disability.
- **Analysis of Disabilities:**
 - **(1) Cerebral Palsy:** A motor disability that affects a person's ability to move and maintain balance and posture.

- **(2) Learning disability:** A neurological condition affecting the brain’s ability to process information, which classically manifests as persistent difficulties in academic areas like reading (dyslexia), writing (dysgraphia), and math (dyscalculia). This perfectly matches the description.
- **(3) Hearing impairment:** A disability related to the sense of hearing.
- **(4) Autism Spectrum Disorder (ASD):** A developmental disability characterized by challenges with social skills, communication, and repetitive behaviors.
- **Conclusion:** The specific difficulties in reading, writing, and solving arithmetic problems are the defining characteristics of a learning disability.

💡 Quick Tip

Remember the "3 R's" often associated with school difficulties: Reading, 'Riting (Writing), and 'Rithmetic (Arithmetic). These are the core areas affected by specific learning disabilities (dyslexia, dysgraphia, dyscalculia).

30. Children under the age of 18, found guilty in terms of violation of law are referred to as _____. Fill in the blank with suitable option.

- (1) Orphan
- (2) Peer
- (3) Scouts
- (4) Juvenile

Correct Answer: (4) Juvenile

Solution:

- **Understanding the Concept:** The question asks for the legal term used to refer to a minor (a person under 18) who has committed a criminal act.
- **Analysis of Terms:**
 - **(1) Orphan:** A child whose parents are deceased or have permanently abandoned them. This term refers to family status, not legal conduct.
 - **(2) Peer:** A person of the same age, status, or ability.
 - **(3) Scouts:** A member of the Scout Association, a youth development organization.
 - **(4) Juvenile:** In a legal context, this is the term for a person who has not yet reached the age of majority. A "juvenile delinquent" is the specific term for a minor who has violated a criminal law.
- **Conclusion:** The correct legal and social term for children under 18 who violate the law is juvenile.

💡 Quick Tip

In legal terminology, "juvenile" refers to age, and "delinquency" refers to the act of breaking the law. The entire system for handling minors who commit crimes is called the "juvenile justice system."

31. Which among the following is an example of a multimedia campaign?

- (1) Project Village Chhatera
- (2) Red Ribbon Express
- (3) SARI
- (4) SEWA

Correct Answer: (2) Red Ribbon Express

Solution:

- **Step 1: Understanding the Concept:**

A multimedia campaign is a public awareness or information campaign that uses a variety of media channels to reach its audience. This includes print, broadcast, outdoor, and interactive media. The question asks for an example of such a campaign.

- **Step 2: Detailed Explanation:**

- **(1) Project Village Chhatera:** This was an early experiment in rural television, but it was primarily a single-medium project (television).
- **(2) Red Ribbon Express:** This was a massive HIV/AIDS awareness campaign in India that used a specially designed train. The train itself was a mobile exhibition (**outdoor/exhibition media**). It was accompanied by on-platform and outreach activities involving folk performances, street plays (**interpersonal media**), distribution of print materials (**print media**), and was widely covered by television and radio (**broadcast media**). This extensive use of multiple media formats makes it a prime example of a multimedia campaign.
- **(3) SARI (Socially Acceptable, Relevant, and Inexpensive):** This is a methodology for developing health interventions, not a multimedia campaign itself.
- **(4) SEWA (Self-Employed Women's Association):** This is a trade union and organization for empowering women workers. While they may use various media for their work, SEWA itself is an organization, not a specific multimedia campaign.

- **Step 3: Final Answer:**

The Red Ribbon Express, with its integrated use of a train, exhibitions, live performances, and mass media coverage, is a classic example of a multimedia campaign.

💡 Quick Tip

When identifying a multimedia campaign, look for a specific, named initiative that uses a combination of different types of media (e.g., TV, radio, print, events, digital) to deliver a unified message.

32. Arrange the steps involved in providing special education to teach children with SEN in the correct order of their implementation.

- (A) Develop Individualized Education Programme (IEP)
- (B) Continuous access and use of support services
- (C) Assessment of the child's level in different areas of development & learning
- (D) Regular evaluation of IEP to check the child's progress

Choose the correct answer from the options given below:

- (1) (A), (B), (C), (D)
- (2) (A), (C), (B), (D)
- (3) (C), (A), (D), (B)
- (4) (C), (B), (D), (A)

Correct Answer: (3) (C), (A), (D), (B)

Solution:

- **Step 1: Understanding the Concept:**

The question asks for the correct sequence of the process of creating and implementing an Individualized Education Programme (IEP) for a child with Special Educational Needs (SEN). This is a cyclical process.

- **Step 2: Detailed Explanation:**

The logical flow for providing special education services is as follows:

1. **Assessment (C):** The very first step is to conduct a comprehensive assessment to understand the child's current strengths, weaknesses, and specific educational needs across various domains. You cannot plan without knowing the starting point.
2. **Develop IEP (A):** Based on the assessment results, the team (including teachers, parents, and specialists) develops an Individualized Education Programme. The IEP outlines specific, measurable goals and the strategies and services that will be used to help the child achieve them.
3. **Implementation and Support Services:** The plan is put into action. The child receives the specialized instruction and support services (like speech therapy, occupational therapy, etc.) as outlined in the IEP. The question splits this into 'support services' (B) and the evaluation.

4. **Regular Evaluation of IEP (D):** The child's progress towards the goals set in the IEP is monitored and evaluated regularly. This is crucial to determine if the plan is working.
5. **Review and Revision:** Based on the evaluation, the IEP is reviewed (and revised if necessary), and the cycle begins again. The provision of support services (B) is an ongoing process throughout the implementation and revision phases.

Let's analyze the sequence in option (3):

Let's reconsider the placement of B and D. The cycle is: Assess -> Plan -> Implement (with support) -> Evaluate. The sequence C -> A -> [Implementation with B] -> D is the most logical process. The option (C), (A), (D), (B) may imply that support services are adjusted *after* evaluation, which is also part of the cyclical process. Among the given choices, the sequence starting with Assessment (C) and then IEP Development (A) is the most critical and non-negotiable part. Options 3 and 4 start this way. Between them, (C), (A), (D), (B) represents a cycle of planning, evaluating, and then continuing/adjusting support, which is a plausible representation.

- **Step 3: Final Answer:**

The most logical sequence begins with assessment, followed by planning. Therefore, the process is: Assessment (C), Develop IEP (A), Regular evaluation of progress (D), and ensuring continuous access to support services (B) as part of the ongoing implementation and revision. This makes (C), (A), (D), (B) the best fit.

💡 Quick Tip

The IEP process is a cycle: Assess -> Plan -> Teach/Implement -> Review/Evaluate. Always start with assessment (finding out what the child needs) and then move to planning (developing the IEP).

33. Which of the following are characteristic features of Internal Communication in a corporate organization?

- (A) Interaction between employer and employee of same organisation
- (B) Interaction between two employees of same department and same organisation
- (C) Interaction among several employees of same organization but different departments
- (D) Interaction between employees of different organizations

Choose the correct answer from the options given below:

- (1) (A), (B) and (D) only
- (2) (A), (C) and (D) only
- (3) (B), (C) and (D) only

(4) (A), (B) and (C) only

Correct Answer: (4) (A), (B) and (C) only

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify the features of Internal Communication. Internal communication is the flow of information and ideas within an organization, as opposed to external communication, which is with outside parties.

- **Step 2: Detailed Explanation:**

Let's analyze each statement:

- **(A) Interaction between employer and employee of same organisation:** This is a form of downward or upward communication, which is a core part of internal communication.
- **(B) Interaction between two employees of same department and same organisation:** This is peer-to-peer or horizontal communication within a team or department. This is a classic example of internal communication.
- **(C) Interaction among several employees of same organization but different departments:** This is cross-functional or diagonal communication, essential for collaboration and coordination within the organization. This is also a form of internal communication.
- **(D) Interaction between employees of different organizations:** This is, by definition, external communication. It involves interacting with people outside of one's own company (e.g., vendors, clients, partners).

- **Step 3: Final Answer:**

Statements (A), (B), and (C) all describe communication that occurs *within* the boundaries of a single organization. Statement (D) describes communication that crosses those boundaries. Therefore, the characteristic features of internal communication are (A), (B), and (C).

💡 Quick Tip

The key to this question is the word "internal." Ask yourself for each option: "Is the communication happening entirely inside one company?" If yes, it's internal. If it involves someone from another company, it's external.

34. Which among the following is an example of Broadcast Media?

- (1) Television program
- (2) Government mobile service provider
- (3) Fashion magazine
- (4) Internet

Correct Answer: (1) Television program

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify an example of Broadcast Media. Broadcast media refers to the distribution of audio or video content to a dispersed audience via electronic mass communications media, typically using the electromagnetic spectrum (radio waves). The key idea is a one-to-many, non-targeted transmission.

- **Step 2: Detailed Explanation:**

- **(1) Television program:** Television works by broadcasting signals through the air (terrestrial), via satellite, or over cable to a mass audience. A television program is the content delivered through this medium. It is a classic example of broadcast media.
- **(2) Government mobile service provider:** This is a telecommunications service, which provides point-to-point communication. It is not a broadcast medium.
- **(3) Fashion magazine:** A magazine is an example of Print Media, not broadcast media.
- **(4) Internet:** The Internet is a complex network that supports various forms of media. It can facilitate narrowcasting (e.g., email), on-demand streaming, and some forms of broadcasting (live streaming). Because of its interactive and on-demand nature, it is often categorized as Digital Media or New Media, distinct from traditional broadcast media like radio and television.

- **Step 3: Final Answer:**

A television program is the most direct and unambiguous example of broadcast media among the given options.

💡 Quick Tip

Categorize media types: - Print: Newspapers, Magazines, Books. - Broadcast: Radio, Television. - Digital/New Media: Internet, Social Media, Websites. - Outdoor: Billboards, Posters.

35. Who among the following is responsible for planning, organising and controlling the kitchen operations?

- (1) Kitchen Steward
- (2) Chef-de-parties
- (3) Deputy Chef
- (4) Chef-de-cuisine

Correct Answer: (4) Chef-de-cuisine

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify the highest-ranking position in a professional kitchen, responsible for overall management. This relates to the classic kitchen brigade system.

- **Step 2: Detailed Explanation:**

- **(1) Kitchen Steward:** The Chief Steward is responsible for sanitation, maintenance, and inventory of equipment and supplies, i.e., the non-cooking aspects of the kitchen.
- **(2) Chef-de-parties:** Also known as a station chef or line cook, they are in charge of a particular section of production in the kitchen (e.g., Saucier for sauces, Grillardin for grilling).
- **(3) Deputy Chef (Sous-Chef):** The Sous-Chef is the second-in-command in the kitchen, right below the head chef. They supervise the staff and act as the head chef in their absence.
- **(4) Chef-de-cuisine (Executive Chef):** This is the head chef, the person in charge of the entire kitchen. They are responsible for all aspects of the kitchen's operations, including menu creation, management of staff, ordering and purchasing, costing, and ensuring quality. The functions of planning, organizing, and controlling are their primary responsibilities.

- **Step 3: Final Answer:**

The Chef-de-cuisine, or Executive Chef, is responsible for the overall management and control of the kitchen operations.

💡 Quick Tip

Remember the kitchen hierarchy (brigade system) from top to bottom: 1. Chef de Cuisine / Executive Chef (Overall Boss) 2. Sous-Chef (Deputy/Second-in-command) 3. Chef de Partie (Station Chefs) 4. Commis Chef (Junior Chefs)

36. The science of relationship between man, machinery and equipment that human beings use and the work environment is known as _____.

- (1) Agronomics
- (2) Economics
- (3) Ergonomics
- (4) Mechanical Science

Correct Answer: (3) Ergonomics

Solution:

- **Step 1: Understanding the Concept:**

The question asks for the scientific discipline that studies the interaction between humans and other elements of a system, particularly in the work environment.

- **Step 2: Detailed Explanation:**

- **(1) Agronomics:** The science and technology of producing and using plants for food, fuel, fiber, and land reclamation.
- **(2) Economics:** The social science that studies the production, distribution, and consumption of goods and services.
- **(3) Ergonomics (or Human Factors):** This is the scientific discipline concerned with the understanding of interactions among humans and other elements of a system. It applies theory, principles, data, and methods to design in order to optimize human well-being and overall system performance. The description in the question—the relationship between man, machinery, equipment, and the work environment—is the exact definition of ergonomics.
- **(4) Mechanical Science:** A branch of physics and engineering that deals with machinery and mechanics.

- **Step 3: Final Answer:**

The science described is Ergonomics.

💡 Quick Tip

Associate the word "Ergonomics" with "fitting the job to the person." It's all about designing things (chairs, tools, interfaces, tasks) to be safe, comfortable, and efficient for human use.

37. Arrange the steps involved in Media Planning and Designing Production Process in correct sequence:

(A) Media Buying

- (B) Designing strategies for selection of suitable media, channel
- (C) Media Audience
- (D) Media designing, development of communication model and material
- (E) Writing Media Schedule or Blue Print

Choose the correct answer from the options given below:

- (1) (A), (B), (C), (D), (E)
- (2) (D), (C), (E), (B), (A)
- (3) (B), (E), (A), (D), (C)
- (4) (C), (B), (E), (D), (A)

Correct Answer: (4) (C), (B), (E), (D), (A)

Solution:

- **Step 1: Understanding the Concept:**

The question asks to arrange the steps of a media planning and production process in a logical, chronological order.

- **Step 2: Detailed Explanation:**

Let's break down the process step-by-step:

1. **Identify the Media Audience (C):** The very first step in any communication plan is to define who you are trying to reach. Understanding the target audience is fundamental to all subsequent decisions.
2. **Design strategies for selection of suitable media, channel (B):** Once you know your audience, you develop a strategy. This involves deciding which types of media (TV, radio, digital) and specific channels (which TV station, which website) will be most effective and efficient for reaching that audience.
3. **Write Media Schedule or Blue Print (E):** This step translates the strategy into a concrete plan. The media schedule, or blueprint, specifies exactly when and where the advertisements or content will appear (e.g., which dates, which time slots). It's the detailed plan of execution.
4. **Media designing, development of communication model and material (D):** With the plan in place, the creative work begins. This involves designing the actual advertisements, messages, and materials that will be placed in the selected media channels.
5. **Media Buying (A):** This is the final step in the planning and implementation phase. It involves negotiating with and purchasing the ad space or airtime from the media owners as specified in the media schedule.

- **Step 3: Final Answer:**

The logical sequence is: Audience (C) -> Strategy (B) -> Schedule (E) -> Creative Development (D) -> Buying (A). This corresponds to option (4).

💡 Quick Tip

Remember the media planning process follows a logical funnel: Who are we talking to? (Audience) -> How will we reach them? (Strategy) -> Exactly when and where? (Schedule) -> What will we say? (Creative) -> Let's book it. (Buying).

38. Which 'Philosopher' practised seven principles including 'Tell the truth', 'Manage for tomorrow' of Public Relations management?

- (1) Jean Piaget
- (2) Lev Vygotsky
- (3) Arthur W. Page
- (4) Sigmund Freud

Correct Answer: (3) Arthur W. Page

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify the figure associated with a specific set of ethical principles for Public Relations, notably "Tell the truth."

- **Step 2: Detailed Explanation:**

- **(1) Jean Piaget** and **(2) Lev Vygotsky:** Both were seminal developmental psychologists, known for their theories of cognitive development in children. They were not public relations practitioners.
- **(4) Sigmund Freud:** The founder of psychoanalysis, a clinical method for treating psychopathology. His nephew, Edward Bernays, is considered a father of PR, but Freud himself was not.
- **(3) Arthur W. Page:** He is considered the "father of corporate public relations." As the first vice president of public relations for the American Telephone and Telegraph Company (AT&T) from 1927 to 1947, he established a set of principles for ethical and effective PR. These are known as the Page Principles. The first and most famous of these is "Tell the truth." The principle "Manage for tomorrow" is also one of his seven principles, emphasizing the need to anticipate public reaction and eliminate practices that cause conflict.

- **Step 3: Final Answer:**

The seven principles of Public Relations management, including "Tell the truth," were practiced and articulated by Arthur W. Page.

💡 Quick Tip

Associate Arthur W. Page with the foundational ethical principles of corporate PR. His name is synonymous with the idea that public relations is a management function and must be built on truth and proactive behavior.

39. Match List-I with List-II

List-I SDG Number	List-II Name of SDG
(A) SDG 3	(I) Reduce inequality within as well as among countries
(B) SDG 5	(II) Ensure sustainable consumption and production patterns
(C) SDG 10	(III) Ensure healthy lives and promote well-being for all at all ages
(D) SDG 12	(IV) Achieve gender equality and empower all women and girls

Choose the correct answer from the options given below:

- (1) (A) - (I), (B) - (II), (C) - (III), (D) - (IV)
- (2) (A) - (I), (B) - (III), (C) - (II), (D) - (IV)
- (3) (A) - (III), (B) - (IV), (C) - (II), (D) - (I)
- (4) (A) - (III), (B) - (IV), (C) - (I), (D) - (II)

Correct Answer: (4) (A) - (III), (B) - (IV), (C) - (I), (D) - (II)

Solution:

- **Step 1: Understanding the Concept:**

The question requires matching specific Sustainable Development Goal (SDG) numbers with their official titles. The SDGs are a set of 17 global goals established by the United Nations.

- **Step 2: Detailed Explanation and Matching:**

Let's match each SDG number with its name:

- **(A) SDG 3:** This goal is focused on health. Its full title is **(III) Ensure healthy lives and promote well-being for all at all ages**. So, **A -> III**.
- **(B) SDG 5:** This goal is dedicated to gender issues. Its title is **(IV) Achieve gender equality and empower all women and girls**. So, **B -> IV**.
- **(C) SDG 10:** This goal addresses inequality. Its title is **(I) Reduce inequality within and among countries**. So, **C -> I**.
- **(D) SDG 12:** This goal concerns consumption and production. Its title is **(II) Ensure sustainable consumption and production patterns**. So, **D -> II**.

- **Step 3: Final Answer:**

The correct matches are A-III, B-IV, C-I, and D-II. This combination corresponds to option (4).

💡 Quick Tip

Memorizing a few key SDGs can be very helpful. Some of the most frequently asked are: - SDG 1: No Poverty - SDG 2: Zero Hunger - SDG 3: Good Health and Well-being - SDG 4: Quality Education - SDG 5: Gender Equality - SDG 10: Reduced Inequality - SDG 13: Climate Action

40. Tucks in a yoke and knife pleats in a skirt create which of the following form of rhythm effect in a dress?

- (1) Repetition
- (2) Cordation
- (3) Parallelism
- (4) Radiation

Correct Answer: (1) Repetition

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify the type of rhythm created by using tucks and knife pleats in a garment. Rhythm in design is a principle that creates a sense of movement by the repetition of elements.

- **Step 2: Detailed Explanation:**

- **(1) Repetition:** This is the simplest form of rhythm. It involves using the same element (like a line, shape, or color) over and over again. Tucks are a series of folded and stitched lines, and knife pleats are a series of identical folds facing one direction. Both are classic examples of using repetition to create visual rhythm and a sense of order.
- **(2) Cordation:** This is not a standard term for a type of rhythm in design.
- **(3) Parallelism:** While the lines of tucks and pleats are parallel, parallelism is a broader concept. Repetition is the more specific and primary principle at play here.
- **(4) Radiation:** This form of rhythm involves lines or shapes emerging from a central point, like spokes on a wheel or gathers from a central point. Tucks in a yoke and knife pleats do not radiate from a single point.

Both tucks and knife pleats are formed by repeating a single element—the fold or tuck—at regular intervals. This creates a strong sense of rhythm through repetition.

- **Step 3: Final Answer:**

The use of tucks and knife pleats creates rhythm through repetition.

 Quick Tip

Remember the main types of visual rhythm: - Repetition: Same element used over and over (polka dots, stripes, pleats). - Gradation: Element changes gradually in size or color. - Radiation: Elements fan out from a central point. - Alternation: Two or more elements are used in a repeating pattern (e.g., black-white-black-white).

Read the following passage carefully and answer the questions (41-45):

The government is making considerable efforts to solve the nutritional problems. POSHAN Abhiyaan was launched in Jhunjhunu, Rajasthan in March 2018. Its large component involves gradual scaling-up of interventions to all districts in the country by 2022. It targets stunting, under-nutrition, anaemia (among young children, women and adolescent girls) and low birth rate. The Ministry of Women and Child Development (MWCD) is implementing POSHAN Abhiyaan in 315 districts in the first year, 235 districts in the second year and remaining districts will be covered in the third year. Through robust multi-ministerial convergence mechanism and other components POSHAN Abhiyaan strives to create the synergy.

41. The POSHAN Abhiyan is being implemented by which Ministry?

- (1) Ministry of AYUSH
- (2) Ministry of Women and Child Development (MWCD)
- (3) Ministry of Health and Family Welfare (MoHFW)
- (4) Ministry of Food Processing Industries

Correct Answer: (2) Ministry of Women and Child Development (MWCD)

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify the implementing ministry for the POSHAN Abhiyaan based on the information provided in the passage.

- **Step 2: Detailed Explanation:**

The passage contains the following sentence: "The Ministry of Women and Child Development (MWCD) is implementing POSHAN Abhiyaan in 315 districts in the first year...". This statement directly identifies the responsible ministry.

- **Step 3: Final Answer:**

According to the text, the POSHAN Abhiyaan is being implemented by the Ministry of Women and Child Development (MWCD).

 Quick Tip

For reading comprehension questions, locate the keywords from the question within the passage. The answer is usually found in the same sentence or the one immediately following it.

42. Integrated Child Development Services covers vulnerable children in the age group of _____ years?

- (1) 0-6
- (2) 3-6
- (3) 0-3
- (4) 2-7

Correct Answer: (1) 0-6

Solution:

- **Step 1: Understanding the Concept:**

This question asks for the target age group of children under the Integrated Child Development Services (ICDS) scheme. Although not explicitly in the passage, ICDS is the foundational program upon which POSHAN Abhiyaan is built.

- **Step 2: Detailed Explanation:**

The Integrated Child Development Services (ICDS) is a flagship programme of the Government of India. It offers a package of services including supplementary nutrition, pre-school non-formal education, nutrition & health education, immunization, health check-up, and referral services. The primary beneficiaries of these services are children in the age group of **0-6 years**, pregnant women, and lactating mothers. The services are delivered through Anganwadi Centres.

- **Step 3: Final Answer:**

The ICDS scheme covers vulnerable children in the age group of 0-6 years.

💡 Quick Tip

Remember the key beneficiaries of ICDS: children from birth up to 6 years old, and pregnant and lactating women. This scheme is the backbone of India's early childhood care and development efforts.

43. What is the full-form of POSHAN?

- (1) PM's Overarching Service for Holistic Nutrition
- (2) PM's Overarching Scheme for Holistic Nourishment
- (3) PM's Old Scheme for Healthy Nutrition
- (4) PM's Overarching Scheme for Holistic Nutrition

Correct Answer: (2) PM's Overarching Scheme for Holistic Nourishment

Solution:

- **Step 1: Understanding the Concept:**

The question asks for the correct full form of the acronym POSHAN, as used in the POSHAN Abhiyaan.

- **Step 2: Detailed Explanation:**

POSHAN Abhiyaan is the Government of India's flagship programme to improve nutritional outcomes. The acronym POSHAN stands for **PM's Overarching Scheme for Holistic Nourishment**. The mission aims to address malnutrition in a targeted and time-bound manner. While 'Nutrition' and 'Nourishment' are similar, the official name of the scheme uses 'Nourishment'.

- **Step 3: Final Answer:**

The correct full form of POSHAN is PM's Overarching Scheme for Holistic Nourishment.

💡 Quick Tip

When dealing with government scheme acronyms, pay close attention to the exact wording. Small differences, like 'Nourishment' vs. 'Nutrition', can be the key to the correct answer.

44. Which of the following is NOT a direct short term intervention under the POSHAN Abhiyan?

- (1) Fortification of essential foods (salt fortified with iodine)
- (2) Production and popularisation of low cost nutritious foods from indigenous and locally available raw material

- (3) Ensuring food security i.e., improving availability of food
- (4) Control of micronutrient deficiencies among vulnerable groups

Correct Answer: (3) Ensuring food security i.e., improving availability of food

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify which option is not a direct, short-term intervention of the POSHAN Abhiyaan. POSHAN Abhiyaan is a nutrition-specific mission that focuses on targeted interventions to improve nutritional status.

- **Step 2: Detailed Explanation:**

Let's analyze the options:

- (1) **Fortification of essential foods** and (4) **Control of micronutrient deficiencies** are core, direct strategies to combat "hidden hunger" and are central to nutrition-specific interventions.
- (2) **Production and popularisation of low cost nutritious foods** is a strategy to improve dietary diversity and the quality of food consumed, which is also a direct nutritional intervention.
- (3) **Ensuring food security i.e., improving availability of food:** This is a much broader concept. While nutrition security depends on food security, "ensuring food security" at a macro level (e.g., through the Public Distribution System, agricultural policy) is a nutrition-sensitive goal but not a direct, short-term intervention of a targeted mission like POSHAN Abhiyaan. POSHAN focuses more on the utilization of available food and specific nutritional supplements, rather than the overall availability of food grains for the entire population, which is the mandate of other ministries.

- **Step 3: Final Answer:**

Ensuring national food security is a broader, long-term goal and not a direct short-term intervention of the POSHAN Abhiyaan itself, which has more specific targets like stunting and anaemia.

 Quick Tip

Distinguish between "nutrition-specific" interventions (like providing supplements, counselling) and "nutrition-sensitive" interventions (like improving agriculture, sanitation, or food security). POSHAN Abhiyaan is primarily nutrition-specific.

45. The POSHAN Abhiyaan was first launched in which state?

- (1) Gujarat
- (2) Rajasthan
- (3) Haryana
- (4) Punjab

Correct Answer: (2) Rajasthan

Solution:

- **Step 1: Understanding the Concept:**

The question asks for the location of the initial launch of the POSHAN Abhiyaan, based on the provided passage.

- **Step 2: Detailed Explanation:**

The second sentence of the passage explicitly states: "POSHAN Abhiyaan was launched in Jhunjhunu, Rajasthan in March 2018." The city of Jhunjhunu is in the state of Rajasthan.

- **Step 3: Final Answer:**

According to the passage, the POSHAN Abhiyaan was first launched in the state of Rajasthan.

💡 Quick Tip

Important government schemes' launch dates and locations are frequently asked questions in competitive exams. It's useful to create a note of these key facts while studying.

Read the following passage carefully and answer the questions (46-50):

In the counselling process, the professional counsellor may use different techniques. In directive or counsellor-centred counselling, the counsellor plays a major role and does all that is possible to get the counsellee to make decisions in keeping with the diagnosis of the problem. In non-directive or permissive or client-centred counselling, the counsellor's role is comparatively passive. The counsellee takes an active part in the process of therapy. The person seeking help is encouraged to gain insight into the problem with the help of the counsellor. The counsellee takes the final decisions. Thus, this counselling process turns out to be a growth experience for the person. In eclectic counselling, counsellors who advocate using this type of counselling are of the view that directed or non-directed counselling are two ends of continuum. And counsellors should incorporate suitable techniques from both the types of counselling mentioned above as and when required, depending on the situation, the problem and the temperament of the client.

46. In which type of professional counselling, counsellors plays the major role?

- (1) Eclectic counselling
- (2) Directive counselling
- (3) Permissive counselling
- (4) Non-directive counselling

Correct Answer: (2) Directive counselling

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify the type of counselling where the counsellor has the dominant role, based on the provided text.

- **Step 2: Detailed Explanation:**

The passage states: "In directive or counsellor-centred counselling, the counsellor plays a major role and does all that is possible to get the counsellee to make decisions...". This sentence directly answers the question. The other terms mentioned, "permissive" and "non-directive," are described as approaches where the counsellor is more passive.

- **Step 3: Final Answer:**

According to the passage, the counsellor plays the major role in Directive counselling.

 Quick Tip

Pay attention to synonyms provided in a text. Here, the passage equates "directive" with "counsellor-centred," which helps reinforce the idea of the counsellor's active role.

47. In which type of counselling technique, the counsellee takes the final decision?

- (1) Permissive counselling
- (2) Informal counselling
- (3) Directive counselling
- (4) Eclectic counselling

Correct Answer: (1) Permissive counselling

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify the counselling approach where the client (counsellor) is the ultimate decision-maker.

- **Step 2: Detailed Explanation:**

The passage describes "non-directive or permissive or client-centred counselling" and states: "The counsellor takes an active part in the process of therapy... The counsellor takes the final decisions." This clearly indicates that in permissive counselling, the final decision rests with the counsellor.

- **Step 3: Final Answer:**

As per the text, the counsellor takes the final decision in Permissive counselling.

💡 Quick Tip

Remember the core difference from the passage: Directive = Counsellor decides/leads. Non-directive/Permissive = Counsellor (client) decides/leads.

48. In _____ type of counselling, the person seeking help is encouraged to gain insight into the problem. Fill in the blank with the appropriate option.

- (1) Non-specialist
- (2) Eclectic
- (3) Non-directive
- (4) Counsellor-centred

Correct Answer: (3) Non-directive

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify the type of counselling that focuses on helping the client gain their own understanding or "insight."

- **Step 2: Detailed Explanation:**

The passage describes the non-directive approach by saying: "In non-directive or permissive or client-centred counselling... The person seeking help is encouraged to gain insight into the problem with the help of the counsellor." This provides a direct match for the question.

- **Step 3: Final Answer:**

The passage states that in Non-directive counselling, the client is encouraged to gain insight.

💡 Quick Tip

For fill-in-the-blank questions based on a passage, try to locate the exact sentence in the text. The missing word or phrase will be clearly identifiable.

49. Which type of counselling recommends the use of different counselling methods based on the situation, the problem and the temperament of the client?

- (1) Counsellor-centred counselling
- (2) Client-centred counselling
- (3) Eclectic counselling
- (4) Informal counselling

Correct Answer: (3) Eclectic counselling

Solution:

- **Step 1: Understanding the Concept:**

The question asks to identify the counselling approach that is flexible and adapts its methods based on the specific client and their situation.

- **Step 2: Detailed Explanation:**

The last part of the passage describes eclectic counselling: "...counsellors should incorporate suitable techniques from both the types of counselling mentioned above as and when required, depending on the situation, the problem and the temperament of the client." This is a precise description of a flexible, integrated approach.

- **Step 3: Final Answer:**

Eclectic counselling is the approach that recommends using different methods based on the client's needs.

💡 Quick Tip

The word "eclectic" itself means deriving ideas, style, or taste from a broad and diverse range of sources. In counselling, it means using a blend of different therapeutic techniques.

50. In which technique of counselling, the counsellors are of the view that directed or non-directed counseling are two ends of continuum?

- (1) Permissive counselling
- (2) Non-directive counselling

- (3) Directive counselling
- (4) Eclectic counselling

Correct Answer: (4) Eclectic counselling

Solution:

- **Step 1: Understanding the Concept:**

The question asks which counselling approach views directive and non-directive methods as opposite ends of a spectrum, rather than mutually exclusive categories.

- **Step 2: Detailed Explanation:**

The passage states: "In eclectic counselling, counsellors who advocate using this type of counselling are of the view that directed or non-directed counselling are two ends of continuum." This sentence directly answers the question. This viewpoint is the foundation of the eclectic approach, which allows the counsellor to select techniques from anywhere along this continuum.

- **Step 3: Final Answer:**

According to the passage, it is in Eclectic counselling that the other two methods are seen as ends of a continuum.

💡 Quick Tip
Understanding the concept of a "continuum" is key here. It implies a range of possibilities between two extremes. The eclectic approach is what allows a practitioner to operate anywhere on that range.