



CBSE Class X Beauty And Wellness (Code 94)



Time Allowed :2 Hours	Maximum Marks :50	Total Questions :21
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General Instructions

Please read the instructions carefully.

1. This question paper consists of 21 questions in two sections: Section A and Section B.
2. Section A has Objective Type Questions whereas Section B contains Subjective type questions.
3. Out of the given (5 + 16 = 21) questions, a candidate has to answer (5 + 10 = 15) questions in the allotted (maximum) time of 2 hours.
4. All questions of a particular section must be attempted in the correct order.

SECTION A - OBJECTIVE TYPE QUESTIONS (24 MARKS):

1. This Section has 05 questions.
2. There is no negative marking.
3. Do as per the instructions given.
4. Marks allotted are mentioned against each question/part.

SECTION B - SUBJECTIVE TYPE QUESTIONS (26 MARKS):

1. This Section has 16 questions.
2. There is no negative marking.
3. Do as per the instructions given.
4. Marks allotted are mentioned against each question/part.

Section - A (Objective Type Questions)

Question 1. Answer any 4 out of the given 6 questions on Employability Skills.

- (i) The word 'communication' comes from the Latin word communicare, which means _____.
(a) to give
(b) to share
(c) to take
(d) to spread

Correct Answer: (b) to share

Solution:

The Latin word "communicare" means "to share." Communication is the process of sharing ideas, information, and messages between individuals to create understanding.

Quick Tip

Think of communication as a bridge connecting people through sharing thoughts and ideas.

(ii) _____ awareness is the ability to identify and name one's own emotions.

- (a) Emotional
- (b) Harnessing
- (c) Managing
- (d) Environmental

Correct Answer: (a) Emotional

Solution:

Emotional awareness is the skill of recognizing and understanding one's emotions. It helps in managing stress, improving relationships, and making better decisions.

Quick Tip

Ask yourself: "How am I feeling right now?" This simple habit builds emotional awareness.

(iii) _____ keys include keys for punctuation marks such as colon, question mark, etc.

- (a) Control
- (b) Enter
- (c) Punctuation
- (d) Navigation

Correct Answer: (c) Punctuation

Solution:

Punctuation keys on a keyboard help in inserting punctuation marks like periods, commas, and colons, which are essential for creating grammatically correct sentences.

Quick Tip

Remember: The keys near the "Enter" key often include punctuation marks.



(iv) When we double-click on a file, it will open the _____.

- (a) folder
- (b) C Drive
- (c) D Drive
- (d) file

Correct Answer: (d) file

Solution:

Double-clicking a file opens it in its associated program or application. For example, double-clicking a Word document will open it in Microsoft Word.

Quick Tip
Double-click is a shortcut to quickly access files or programs on a computer.

(v) _____ is a way in which a person acts or behaves.

- (a) Rudeness
- (b) Behaviour
- (c) Impropropriety
- (d) Impoliteness

Correct Answer: (b) Behaviour

Solution:

Behaviour refers to the actions or conduct of a person in different situations. It reflects one's attitude, personality, and upbringing.

Quick Tip
Observe how people react in various situations to better understand their behaviour.

(vi) Farmers use organic and natural fertilizer such as cow dung to help in _____ crops.

- (a) sowing
- (b) harvesting
- (c) irrigation
- (d) growing

Correct Answer: (d) growing



Solution:

Cow dung, as an organic fertilizer, enriches the soil with nutrients, helping plants grow healthier. It promotes the overall development of crops.

Quick Tip

Think of organic fertilizers as food for plants, just like we need nutrients for growth.

Question 2. Answer any 5 out of the given 6 questions.

(i) Human skin consists of _____ layers from top to bottom.

- (a) three
- (b) four
- (c) six
- (d) eight

Correct Answer: (b) four

Solution:

Human skin is made up of four main layers: the epidermis, dermis, subcutaneous tissue, and the deeper layers of connective tissue. These layers protect the body and regulate temperature.

Quick Tip

Memorize: Epidermis is the outer layer; dermis lies beneath it.

(ii) The epidermis gives rise to a number of specialised appendages, like in _____ are its examples.

- (a) skin & hair
- (b) hair & nail
- (c) skin & nail
- (d) hair & scalp

Correct Answer: (b) hair & nail

Solution:

The epidermis, the outermost layer of skin, produces appendages like hair and nails. These are made of keratin and protect the body.

Quick Tip

Epidermis is the origin of hair and nails; both help protect the body.



(iii) _____ muscles surround the margin of the eye socket; this muscle helps in blinking.

- (a) Procerus
- (b) Buccinator
- (c) Mentalis
- (d) Orbicularis oculi

Correct Answer: (d) Orbicularis oculi

Solution:

The orbicularis oculi is a circular muscle around the eyes responsible for blinking and closing the eyelids.

Quick Tip
Think of "ocular" as related to the eyes; it helps you remember.

(iv) The _____ position is laying with the front or face downwards.

- (a) Supine
- (b) Prone
- (c) Dorsiflexion
- (d) Plantar flexion

Correct Answer: (b) Prone

Solution:

The prone position refers to lying flat with the chest facing downward and the back facing upward. It is often used in medical or exercise contexts.

Quick Tip
To differentiate, remember: prone = stomach down; supine = back down.

(v) _____ skin loses its elasticity slowly with age.

- (a) Dry
- (b) Oily
- (c) Combination
- (d) Sensitive

Correct Answer: (a) Dry



Solution:

Dry skin naturally lacks moisture, leading to reduced elasticity over time as the skin ages. Proper hydration and moisturizing can slow this process.

Quick Tip

Keep your skin hydrated to maintain its elasticity and prevent dryness.

(vi) Uses of _____ creams prevent the occurrence of blackheads in the skin.

- (a) moisturizing
- (b) toning
- (c) soothing
- (d) cleansing

Correct Answer: (d) cleansing

Solution:

Cleansing creams remove dirt, oil, and impurities from the skin, preventing the buildup that leads to blackheads. Regular cleansing is essential for clear skin.

Quick Tip

Cleansing removes blockages in skin pores, stopping blackheads before they form.

Question 3. Answer any 5 out of the given 6 questions.

(i) A pair of _____ is used to pull out the hair at the root level.

- (a) blackhead remover
- (b) tweezers
- (c) cuticle pusher
- (d) cuticle nipper

Correct Answer: (b) tweezers

Solution:

Tweezers are precision tools used to pull out hair by grasping and plucking them from the root. They are commonly used for shaping eyebrows or removing unwanted hair. Other options like blackhead remover and cuticle pusher serve entirely different purposes.



Quick Tip

Remember, tweezers are for pulling hair, not for pushing or clipping. They are a go-to tool for targeted hair removal.

(ii) Laser treatment helps up to _____ % in permanent hair removal.

- (a) 80
- (b) 90
- (c) 100
- (d) 60

Correct Answer: (a) 80

Solution:

Laser hair removal can reduce hair growth by approximately 80% permanently. However, it does not guarantee 100% hair removal as some fine or light hair may not respond to the laser.

Quick Tip

Think of laser treatment as an effective method, but not perfect. For complete results, multiple sessions are needed.

(iii) Skin sensitivity test should be done _____ hours before the treatment.

- (a) 15
- (b) 18
- (c) 22
- (d) 24

Correct Answer: (d) 24

Solution:

A skin sensitivity test is performed 24 hours before the treatment to check for any allergic reactions. This helps ensure safety and minimizes risks during the procedure.

Quick Tip

Think of 24 hours as the safety buffer. Always test beforehand to avoid unwanted reactions.

(iv) Avoid using any fragranced deodorants, sprays, or oil before _____ treatment.

- (a) Bleaching



- (b) Waxing
- (c) Threading
- (d) Cleanup

Correct Answer: (b) Waxing

Solution:

Before waxing, avoid applying deodorants, sprays, or oil as they can make the skin slippery and interfere with the wax adhering to the hair, reducing its effectiveness.

Quick Tip

Keep the skin clean and free of lotions before waxing for better results.

(v) If chemicals are being used in the treatment, it is always recommended to perform _____ test before starting treatment.

- (a) skin
- (b) mantoux
- (c) patch
- (d) blood

Correct Answer: (c) patch

Solution:

A patch test is done by applying a small amount of the chemical product to a patch of skin to check for allergies or adverse reactions before proceeding with the treatment.

Quick Tip

Patch testing is your safety net; always insist on it when trying new products.

(vi) Using _____ helps to absorb the excess oil and moisture of the body and thus makes the waxing process less painful.

- (a) Moisturizer
- (b) Body powder
- (c) Foundation
- (d) Cream

Correct Answer: (b) Body powder

Solution:

Body powder absorbs oil and moisture, providing a dry surface for wax application. This re-



duces pain during the waxing process and ensures better hair removal.

Quick Tip

Think of powder as the prep step for smoother waxing. Keep it dry for less pain.

Question 4. Answer any 5 out of the given 6 questions.

(i) Always wash hands thoroughly with ____ soap before and after the treatment to avoid infection.

- (a) moisturizer (b) natural (c) chemical free (d) antiseptic

Correct Answer: (d) antiseptic

Solution:

Antiseptic soap kills germs and prevents infections during and after treatment. It ensures hygiene and safety, making it suitable for such procedures.

Quick Tip

Always choose antiseptic products for professional or hygienic purposes to avoid infections.

(ii) Eyebrow brushes are used to shape eyebrows; this brush has small ____ bristles.

- (a) cotton (b) nylon (c) synthetic (d) silk

Correct Answer: (b) nylon

Solution:

Nylon bristles are stiff yet flexible, making them ideal for shaping and grooming eyebrows effectively.

Quick Tip

Remember: Nylon brushes are durable and provide precision for grooming tasks.

(iii) While storing, all cosmetic bottles should be kept upright to avoid ____.

- (a) spillage (b) breakdown (c) bad condition (d) trouble



Correct Answer: (a) spillage

Solution:

Keeping bottles upright prevents liquids from spilling and maintains the product's quality, especially for liquids like serums or oils.

Quick Tip

Always store liquid products in their original upright positions to avoid waste and mess.

(iv) Concealers are used to improve ____ of the skin.

(a) perfection (b) colour (c) imperfections (d) tone

Correct Answer: (c) imperfections

Solution:

Concealers help hide dark spots, blemishes, and under-eye circles, giving the skin a smoother appearance.

Quick Tip

Choose a concealer shade close to your skin tone for the best results.

(v) ____ brush is used on the face to blend the loosened powder.

(a) face powder (b) foundation (c) blusher (d) eyeshadow

Correct Answer: (a) face powder

Solution:

Face powder brushes are large and fluffy, designed to evenly distribute and blend loose powder for a smooth finish.

Quick Tip

Use circular motions with a powder brush to blend the product seamlessly.

(vi) If the client has ____ skin, we should always use hypoallergenic products.

(a) dry (b) oily (c) sensitive (d) combination



Correct Answer: (c) sensitive

Solution:

Sensitive skin reacts easily to harsh chemicals, so hypoallergenic products are designed to minimize irritation and allergic reactions.

Quick Tip

When in doubt, recommend hypoallergenic or dermatologist-tested products for clients with sensitive skin.

Question 5. Answer any 5 out of the given 6 questions.

- (i) The reception area flowers are replaced at least ____ a week.
(a) twice (b) thrice (c) once (d) four

Correct Answer: (c) once

Solution:

Flowers in reception areas are replaced weekly to maintain freshness and a welcoming environment. It also prevents withering flowers from affecting the ambiance.

Quick Tip

Changing flowers once a week ensures a professional and pleasant appearance in reception areas.

- (ii) Speaking on the telephone is a bit difficult because you can hear but you cannot see the person's ____.
(a) facial expressions (b) surroundings (c) wardrobe (d) jewellery

Correct Answer: (a) facial expressions

Solution:

Facial expressions convey emotions and intentions, which are missing in telephonic communication, making it harder to interpret the tone or intent.

Quick Tip

When speaking on the phone, focus on tone and clear words to compensate for the lack of facial expressions.



(iii) While booking appointments, it is very difficult to understand client language due to ____ in the background.

(a) noise (b) colours (c) silence (d) lack of knowledge

Correct Answer: (a) noise

Solution:

Background noise disrupts conversations and makes it hard to hear or understand the client clearly during appointments.

Quick Tip
Choose a quiet environment for phone conversations to avoid miscommunication.

(iv) Always keep pen and paper ready while talking to the client to prepare ____.

(a) action plan (b) list (c) draft (d) notes

Correct Answer: (d) notes

Solution:

Taking notes ensures all important points are recorded and nothing is missed during the conversation.

Quick Tip
Organized notes help in providing better service and avoiding misunderstandings.

(v) If the client has any complaint, it should be resolved ____.

(a) stupidly (b) sensibly (c) unintelligently (d) illogically

Correct Answer: (b) sensibly

Solution:

Handling complaints sensibly involves listening patiently, understanding the issue, and providing a solution that satisfies the client.

Quick Tip
Empathy and active listening are key to resolving client complaints effectively.



(vi) If we act ____, it may affect the work of the whole team.

(a) irresponsibly (b) conscientious (c) reliability (d) dependability

Correct Answer: (a) irresponsibly

Solution:

Irresponsible behavior disrupts workflow and creates difficulties for the entire team, leading to reduced efficiency and morale.

Quick Tip

Teamwork thrives on accountability; always be mindful of your actions and their impact on others.

Section - B (Subjective Type Questions)

Question 6. What do you mean by Non-Verbal Communication?

Solution:

Non-verbal communication is the process of conveying messages without using spoken words. It involves gestures, facial expressions, eye contact, body language, and tone of voice to express thoughts or emotions. It is crucial for understanding the feelings and attitudes of individuals during interactions.

Quick Tip

Pay attention to people's body language and expressions during communication, as they reveal more than words.

Question 7. What is the purpose of ICT (Information and Communication Technology)?

Solution:

The purpose of ICT is to facilitate the storage, retrieval, transmission, and sharing of information through technology. It enhances efficiency in communication, education, business, and daily life by integrating tools like computers, the internet, and digital communication devices.

Quick Tip

ICT helps streamline tasks and connect people worldwide; mastering basic ICT tools is essential in today's world.



Question 8. What is the role of demand in Entrepreneurship?

Solution:

Demand plays a critical role in entrepreneurship as it determines the market potential for a product or service. Entrepreneurs identify and analyze customer needs and preferences to develop offerings that fulfill those demands, ensuring business growth and success.

Quick Tip
Always focus on solving customer problems or needs to create a successful business.

Question 9. What are the advantages of using Kulhads?

Solution:

Kulhads, made from clay, are eco-friendly, biodegradable, and cost-effective. They provide a natural and hygienic way to serve beverages. Additionally, they promote sustainability by reducing plastic waste and preserving traditional craftsmanship.

Quick Tip
Using Kulhads supports local artisans and helps protect the environment.

Question 10. Why is Stress Management important?

Solution:

Stress management is vital for maintaining mental and physical health. It helps in improving focus, productivity, and decision-making abilities. Proper stress management techniques, such as relaxation exercises, time management, and mindfulness, reduce anxiety and enhance overall well-being.

Quick Tip
Practice deep breathing and short breaks during work to effectively manage stress.



Answer any 4 out of the given 6 questions in 20-30 words each.

Question 11. What do you mean by Adduction Movement?

Solution:

Adduction movement refers to the motion of a limb or body part towards the body's midline. For example, bringing the arm closer to the torso.

Quick Tip

Visualize the term "add" as bringing parts closer together to remember its meaning.

Question 12. What is the role of preparing the working area for treatment?

Solution:

Preparing the working area ensures hygiene, prevents cross-contamination, and creates an organized environment, enhancing the effectiveness and safety of the treatment.

Quick Tip

Think about why cleanliness and organization are essential in medical and beauty settings.

Question 13. What are the benefits of threading?

Solution:

Benefits of threading include precise hair removal, suitability for sensitive skin, and a natural, chemical-free technique for shaping eyebrows or removing facial hair.

Quick Tip

Recall threading as a precise and natural hair-removal process that avoids chemicals.

Question 14. What is the procedure for applying face powder?

Solution:

The procedure for applying face powder involves cleansing the skin, using a brush or puff to evenly distribute powder, and blending it to create a smooth, matte finish.



Quick Tip

Remember: Cleanse, apply, blend. These three steps ensure proper application of face powder.

Question 15. What is the importance of assessing the client's skin before treatment?

Solution:

Assessing a client's skin before treatment identifies skin type, conditions, and sensitivities, ensuring the use of suitable products and techniques to avoid adverse reactions.

Quick Tip

Consider this a diagnostic step, similar to assessing a patient before prescribing medication.

Question 16. What are the effects of consuming tobacco on our health?

Solution:

Consuming tobacco harms health by causing respiratory diseases, heart problems, cancer, and reduced immunity. It also adversely affects oral and overall health.

Quick Tip

Link tobacco use to both short-term (irritation) and long-term (chronic diseases) health impacts.

Answer any 3 out of the given 5 questions in 50-80 words each.

Question 17. Write down the symptoms of oily skin.

Solution:

Symptoms of oily skin include shiny or greasy appearance, enlarged pores, frequent acne breakouts, and a tendency for makeup to slide off. It may also feel thick or heavy.

Quick Tip

Pay attention to skin texture and oiliness levels when identifying symptoms.



Question 18. Enlist the tools required for threading eyebrows.

Solution:

Tools for threading eyebrows include high-quality cotton thread, small scissors, tweezers, an antiseptic wipe, talcum powder, and a soothing gel or cream for aftercare.

Quick Tip

Remember: Thread, scissors, and aftercare products are essential for a complete setup.

Question 19. Describe the anagen phase of hair with illustration.

Solution:

The anagen phase is the active growth phase of hair follicles, lasting 2-7 years. Hair cells rapidly divide, and hair grows longer. This phase determines hair length. (Illustration not included in text.)

Quick Tip

Think of the anagen phase as the "growth phase" for healthy and long hair.

Question 20. What is the importance of cleaning make-up brushes? Write the steps of cleaning.

Solution:

Cleaning makeup brushes prevents bacterial growth, avoids skin infections, and ensures effective makeup application. Steps:

- 1) Rinse brushes in warm water.
- 2) Apply gentle soap.
- 3) Lather and rinse. 4) Air dry.

Quick Tip

Regular cleaning keeps brushes hygienic and prolongs their life.

Question 21. "The smooth running of the Salon is dependent on good team members." How? Justify the statement.

Solution:

Good team members ensure a positive client experience, efficient operations, and quality service. Cooperation, skill-sharing, and professional behavior contribute to the salon's success.



Quick Tip

Focus on teamwork's role in providing excellent service and boosting reputation.

